



Lactana® Kinder *Organic* Follow-on Milk

from the 12. month onwards
with probiotic BIFIDO cultures



CHARACTERISTICS

- ideal in the growth phase.
- protein content reduced to suit children's needs.
- contains valuable organic milk and other ingredients from organic farming.
- contains valuable bifido cultures renowned over decades.
- contains important omega-3 and omega-6 unsaturated fatty acids.
- supplies important minerals such as iron and iodine as well as many essential vitamins.
- free of gluten.

COMPOSITION

Theoretical nutritional values		100 g powder	per 100 ml
Energy	kJ	2050	279
	kcal	489	67
Protein	g	11,5	1,6
Carbohydrates	g	60,5	8,2
here of Lactose	g	42,1	5,7
Fat	g	22,7	3,1
hereof saturated fatty acids	g	7,7	1,1
monounsaturated fatty acids	g	10,8	1,5
polyunsaturated fatty acids	g	4,2	0,6
hereof Linoleic acid (Omega-6)	g	4,1	0,6
hereof Linolenic acid (Omega-3)	g	0,4	0,1
hereof Arachidonic acid Omega-6)	mg	4,5	0,6
hereof Docosahexaenoic acid (Omega-3)	mg	4,5	0,6
Dietary Fibre	g	0,0	0,0
Minerals			
Sodium	g	0,15	0,02
Potassium	mg	433	59
Chloride	mg	343	47
Calcium	mg	502	68
Phosphorus	mg	314	43
Magnesium	mg	50	6,8
Trace elements			
Iron	mg	8,2	1,1 (14)***
Zinc	mg	4,3	0,6
Copper	µg	309	42
Iodine	µg	136	19 (19)***
Manganese	µg	162	22
Selenium	µg	15	2,0
Flouride	µg	10	1,4

COMPOSITION

Theoretical nutritional values		100 g powder	per 100 ml
Vitamins			
Vitamin A	µg	477	65
Vitamin D	µg	8,5	1,2 (23)***
Vitamin C	mg	97	13 (22)***
Vitamin E	mg	15	2,1
Vitamin K	µg	60	8,2
Vitamin B ₁	mg	0,5	0,06
Vitamin B ₂	mg	1,4	0,2
Vitamin B ₆	mg	0,4	0,06
Niacin	mg	3,7	0,5
Pantothenic acid	mg	3,1	0,4
Biotin	µg	15	2,0
Folic acid	µg	159	22 (11)***
Vitamin B ₁₂	µg	1,3	0,2

*** daily requirement coverage in % per 100 ml

INGREDIENTS

Skimmed milk*¹, whey powder* partly demineralized, vegetable oils*, maltodextrin*, skimmed milk powder*¹, calcium citrate, calcium phosphate, potassium chloride, sodium citrate, LCP-fat blend ** (egg oil, vegetable oil, fish oil), calcium carbonate, magnesium hydrogen phosphate, vitamin C, iron lactate, vitamin E, bifidobacteria cultures (B.breve, B.bifidum, B.infantis, B.longum), zinc sulphate, iron pyrophosphate, niacin, calcium-D-pantothenate, copper sulphate, vitamin A, vitamin B₁, vitamin B₆, manganese sulphate, potassium iodate, folic acid, vitamin K, sodium selenate, biotin, vitamin D.

¹ organic milk from allgäu

*from organic origin

** longchain, polyunsaturated fatty acids

HOW SUPPLIED

Powder: package containing 500 g packed under protective atmosphere

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